

1371 B 10<sup>th</sup> Ave SW Salmon Arm

250-804-0602

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# Momentum Parkour & Ninja

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Class	Time	Class	Time	Class	Class	Time	Time	Class	Time	Class	Time
		Junior Parkour	4:15-5:00	Junior Parkour	4:15-5:15	Junior Parkour	4:15-5:00				
		Junior Parkour	4:30-5:15	Youth Beg	5:15-6:15	Youth Int	4:30-5:30				
		Youth Int	5:00-6:00	Youth Int	6:15-7:15	Youth Int	5:00-6:00				
		Youth Beginner	5:15-6:15	Teen Beginner	7:15-8:15	Teen Int	5:30-6:30				
		Youth Int	6:00-7:00			Youth Beginner	6:00-7:00				
		Junior Parkour	6:15-7:00			Teen Beg	6:30-7:30				
		Teen Int	7:00-8:00								

Junior – ages 4-6  
 Youth – ages 7-11  
 Teen – ages 12+

## Session Information

Holiday closure Dec 20<sup>th</sup> – Jan 5<sup>th</sup>

**Classes Run January 6<sup>th</sup> – March 17<sup>th</sup>**

10 week duration

No Classes on stat holidays

**Online Registration:** Sunday, December 1<sup>st</sup> 2024

Visit [www.momentumgymnastics.com](http://www.momentumgymnastics.com) and click the “Registration” tab.

**Official prices are online when registering** (prices below are without tax and ins.)

\$161.25 - 45 minute classes

\$215.00 - 1 hour classes

\$322.50 - 1.5 minute classes

We charge a session fee along with 5% tax and our annual insurance fee of \$53. This insures you through all BC clubs if you were to travel and is mandatory. It runs September 2024-August 2025 and will be added to ALL invoices.